

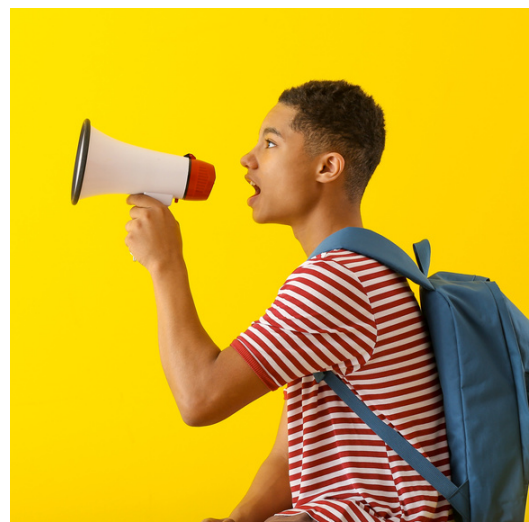
Growing Together.

Celebrating our Voices.

**New Path Youth & Family Services
Annual General Meeting Report**



2022-2023





Jim Harris,
Chief Executive Officer

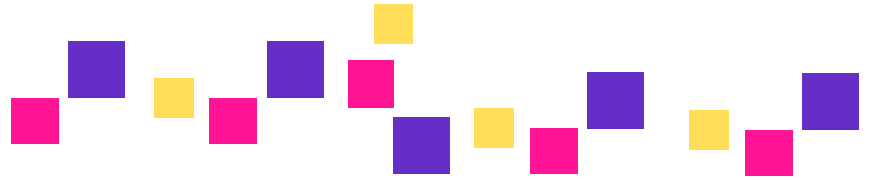
A handwritten signature in black ink that reads "Jim Harris".



Dale Boyle,
Board Chair

A handwritten signature in black ink that reads "Boyle".

A WARM WELCOME FROM OUR CEO AND BOARD CHAIR




Thank you and welcome to our Annual General Meeting Report. It is our distinct pleasure to offer this information on behalf of the team at New Path.

Every year, New Path holds an AGM to wrap up the year that has passed, acknowledge our achievements, approve our audited financial statement, honour retiring board members, welcome new ones, recognize the strength and contribution of youth and families, and thank our staff and community partners for their dedication in supporting children’s mental health in Simcoe County.

We are happy to announce the theme of this year’s AGM is: “Growing Together. Celebrating our Voices.” and are pleased to share that this theme was developed collaboratively with the youth, families, board members, and staff that make up our AGM planning committee. This collective approach connects to our organizational values of inclusion, engagement and collaboration that guide New Path’s commitment to planning and delivering services in our community. At New Path it is foundational to work in partnership with all stakeholders and share in the celebration of the results with our community.

One of the highlights of the past year was the completion of our new strategic plan and update of our vision, mission, and values. This new plan was built with purposeful intention from start to finish through the involvement of families, youth, staff, board members, and community partners, and will guide us for the next three years.



We are grateful and offer our sincere appreciation to all that have been a part of its development, and we hope that each contributor sees their voice in the direction and role in helping us reach our strategic goals. The plan has four pillars: Equity, Diversity and Inclusion; Partners; Programs; and People. These pillars set the foundation for our efforts to strive towards our Vision of: Healthy, thriving communities that support personal growth and wellbeing and achieve our Mission: Through leadership and partnerships, we ensure that children and youth have integrated, accessible, and inclusive mental health services when and where they need them.

The past year has offered many highlights and examples of the extraordinary efforts of our staff to deliver accessible, consistent, high-quality children's mental health services across our region. Increased service demands were met with care and compassion through our Quick Access Child and Youth Mental Health Clinic, which added an online booking option and participation in the development and implementation of One Stop Talk, a new provincial virtual walk-in counselling service. Our commitment to community partnership was exemplified in collaborations with the Child and Youth Advocacy Center of Simcoe Muskoka, Youth Haven, Shak's World, the Gilbert Centre, and Dnaagdawenmag Binnoojiiyag Child & Family Services.

We are grateful and acknowledge the services we provide are supported by a talented and dedicated group of professionals that deliver Human Resources, Finance, Continuous Quality Improvement, Information and Technology, Administration, and Communications. Thank you to everyone for your commitment to our work.

As we celebrate the present and look forward to both the opportunities and challenges of the coming years, it is also important to look back and to thank all those that have worked and dedicated themselves to building the solid foundation that we all enjoy today. With a special thanks to our recently retired CEO Elizabeth McKeeman who dedicated over 30 years to the advancement of children's mental health and would remind us "through it all, our focus will remain where it belongs, on the children, youth and families in need of our support."

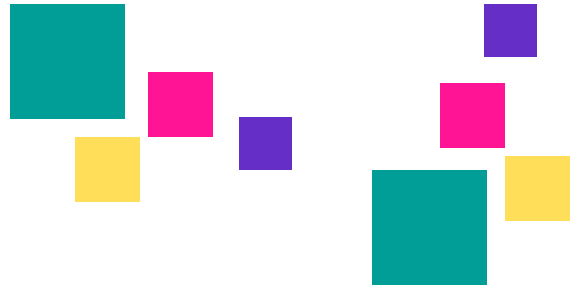


OUR VISION

Healthy, thriving and connected communities that support personal growth and well-being.

OUR MISSION

Through leadership and partnerships, we ensure that children and youth have integrated, accessible, and inclusive mental health services when and where they need them.



■ OUR VALUES

Compassion

Leading with understanding and acceptance, we start from a place of appreciation for our clients' needs, building relationships centered around trust, listening, and humanity.

Inclusivity

Our spaces are safe, welcoming, and representative, where people are free from judgement and barriers to access. We are committed to equity, diversity, and inclusion throughout our organization.

Engagement

Through partnering with those we serve, we advocate for and develop services that are accessible and responsive to individuals' needs.

Adaptability

We have a keen appetite for growth, curiosity, and continuous learning that allows us to remain flexible and creative in the face of change.

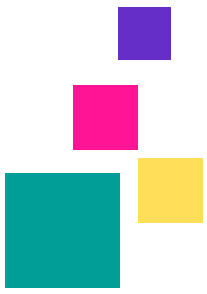
Collaboration

We value and uphold the importance of working together. We develop strong relationships with our partners, new and existing, and actively seek ways to leverage our collective expertise and experience.

Quality

We provide a high standard of service rooted in evidence-based practices, supporting our clients along their journey. Together, we deliver impactful services leading to meaningful change.





ACKNOWLEDGING. APPRECIATING. CELEBRATING.

A Warm Welcome

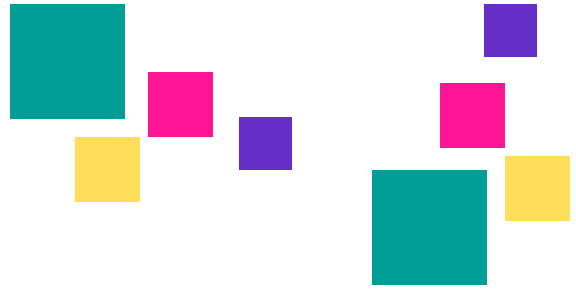
Over the past year, we have welcomed 23 members to our team:

- 6 frontline staff
- 6 relief workers
- 9 students
- 2 youth workers through the Canada Summer Jobs Grant

Each addition to our team brings a new voice with a diverse perspective.



Our partnerships, programs, and people continue to attract incredible talent who believe in and share our values and are excited to contribute to our vision.





Organizational Culture

The over 10+ committees and working groups at New Path encourage staff to share their voices, expertise, and passions/interests and contribute to our culture and goals.

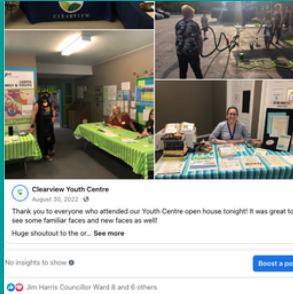
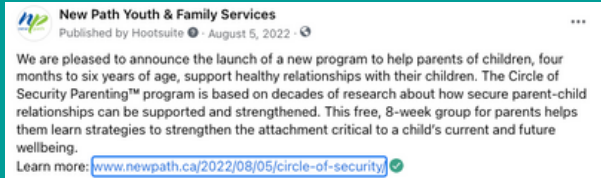
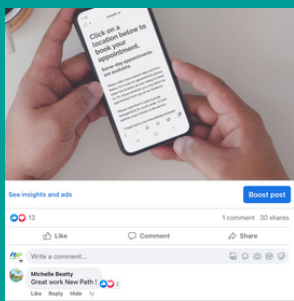
-  The So Well (Social and Wellness) Committee resumed in-person events to support staff connections and meaningful relationships.
-  The EDI (Equity, Diversity and Inclusion) team has been working incredibly hard to broaden our knowledge and perspectives through initiatives and activities such as an EDI calendar, an inclusive language guide and a virtual EDI library.

On behalf of the Board of Directors and the management team at New Path, we would like to acknowledge our staff for dedicating themselves to the children, youth and families we serve, supporting each other's well-being, and positively contributing to the new strategic plan.

We appreciate and admire your compassion and thank you for helping us continue to provide safe, high-quality mental health services when and where they are needed!



OUR ONLINE #COMMUNITY



New Path YFS @NewPathYFS · Jul 19, 2022

We were thrilled to be a part of the Collingwood Pride Festival this past weekend! A huge thank you to the organizers of this terrific event. We look forward to many more! ❤️🧡💚💙💜 @TownCollingwood #CollingwoodPride



A HUGE THANK YOU

to the Grant Thornton Foundation for donating \$4,000 to New Path Youth and Family Services to support child and youth mental health in our Simcoe County communities!

New Path YFS @NewPathYFS · Sep 20, 2022

Better Together is a peer based support group for parents & caregivers who have children with mental health concerns to connect with others travelling a similar road. Learn more: ow.ly/61It50HSVTO ✓

Feeling Alone in Your Child's Mental Health Journey?

Join The **BETTER TOGETHER** Peer Support Group for Parents & Caregivers

Fourth Monday of Every Month from 7pm to 8:30pm
In-Person at the Barrie Common Roof or Zoom Options
Contact: familyengagement@newpath.ca

AM I THE ONLY PARENT WHO FEELS OVERWHELMED, ISOLATED, FRUSTRATED, TIRED, STUCK, CONFUSED, SAD, GUILTY, ASHAMED, LOST.

New Path YFS
1,186 Tweets
You Retweeted

New Path Foundation O/A The Com... @TheCom... · Mar 22, 2022

The Glen Newby Scholarship Fund is accepting applications from Simcoe County youth. It provides funding support to young adults affected by adversity and challenges and provides financial assistance to help youth achieve their learning goals. Learn more: newpathfoundation.org/scholarship

Apply Today for the Glen Newby Scholarship

New Path Youth & Family Services
Published by Dominika Zapotnik · May 4, 2022

Thank you Lisa Cluett for wearing green in support of Children's Mental Health Week! This week we #shinegreen to make sure children, youth and their families know that free, professional mental health support is available in Simcoe County. Learn more: www.newpath.ca/cmhw2022

New Path YFS @NewPathYFS · Apr 7

•Programme fondé sur des données probantes découlant de décennies de recherche
•À l'intention des parents d'enfants âgés de 4 mois à 6 ans
Voyez si ce programme répond à vos besoins:
newpath.ca/quick-access-c... ✓ Le programme est offert en anglais seulement

PROGRAMME DE COMPÉTENCES PARENTALES CERCLE DE SÉCURITÉ

New Path YFS @NewPathYFS · Sep 13, 2022

Join us at the Orillia Public Library on September 21st from 4-7 pm for a mental health fair. This is being hosted by the Ontario Provincial Police (OPP) Mobile Crisis Response Team/ Crisis Outreach and Support Team. orilliamatters.com/local-news/loc...

Local agencies teaming up to host local Mental Health Fair

This event on Sept. 21 at Orillia Public library 'is a great opportunity to learn what services are available in the community,' officials say

OrilliaMatters Staff
a day ago

Lisa Cluett is with New Path Youth & Family Services
May 4, 2022

#shinegreen for all our children, youth, families and caregivers across Simcoe County #CMHW2022 #shinegreen @New Path Youth & Family Services

See insights and ads

Jim Harris Councillor Ward 8 and 18 others
2 comments

Like Comment Share

Write a comment...

Keira Starr Lebeuf
Such a great place! Will forever be thankful to this place for changing my life!

Kat Smith
Keira Starr Lebeuf me too ✓ Met some amazing people there too!

NEW SERVICES. NEW PARTNERSHIPS. EXCEPTIONAL SUPPORT.

Our Commitment to Continuous Innovation

We are proud of the new services we developed to continue to meet the complex needs of children, youth, and families in our community. We have adapted to the ongoing challenges of the pandemic on child and youth mental health, have developed new ways of working, and forged new partnerships to best serve everyone in our community. We are committed to timely and responsive child and youth mental health services when and where they are needed. Because Mental Health really can't wait.

Quick Access Child and Youth Mental Health Clinic

In response to the high demand for our services, we launched a new online booking tool that allows families to quickly and easily book appointments and receive timely and responsive mental health support and referral to additional services when needed. The clinic is available at all of our service locations in-person as well as online and by phone. We have received tremendous feedback from children, youth, and families who have accessed support through the clinic.

One Stop Talk (OST): Provincial Virtual Counselling Program

To ensure that everyone in our community has timely access to child and youth mental health services, we are supporting OST, a new provincial virtual counselling program with staffing resources. Through OST, children, youth and their families can receive free and professional counselling even when our clinics are full or not open. They can also be referred to additional services at New Path, if required. This connects our community to convenient and timely access to counselling no matter where they live. Our Youth Advisory Committee provided feedback for One Stop Talk's logo and tagline.



Suicide Risk Assessment Tool

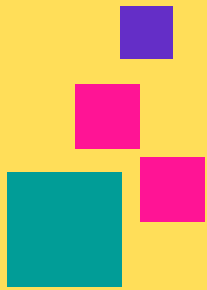
We have implemented a Suicide Risk Assessment Tool and Guide for Best Practices. This provides a standardized approach for assessing suicide risk and ensures we are following best practices in suicide prevention and intervention. The tool has been well-received by staff and has improved our ability to identify and respond to clients who may be at risk for suicide. This is the same tool our partner hospitals utilize and helps to streamline access to mental health supports quickly and easily.

Trauma-Specific Treatment and Assessment Training

Our youth and family program staff participated in Trauma-Specific Treatment and Assessment Training. This provided staff with evidence-based tools and techniques for assessing and treating those who have experienced trauma. We have seen a positive impact on those accessing our services, with many reporting improvements in their mental health and well-being as part of the trauma-specific treatment and assessment services provided by our staff.

Equitable Services for Indigenous Children, Youth, and Families

We have developed a new service pathway with Dnaagdawenmag Binnoojiiyag Child & Family Services to ensure equitable access to services for Indigenous children, youth, and families to our Child and Teen Parent Success Programs. New Path also continues to participate in the Indigenous Service Agency Advisory Circle and has enjoyed the opportunity to collaborate to ensure service and access equity.



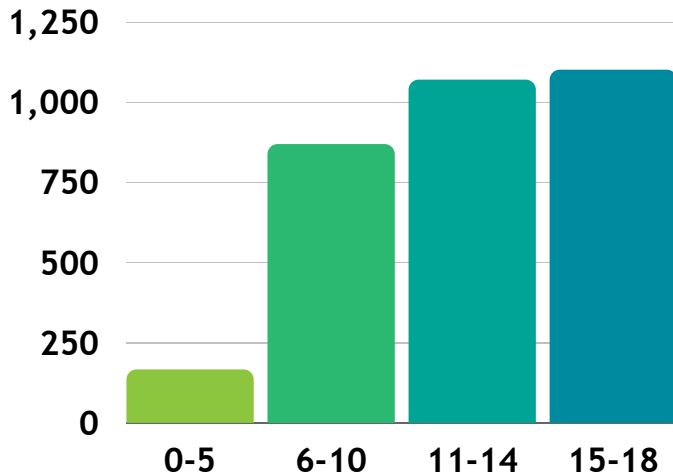
OUR IMPACT

Because Mental Health Can't Wait

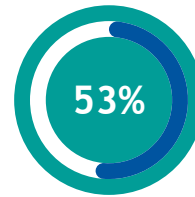


New Path offers child and youth mental health services when and where they are needed - in-person, by phone and online.

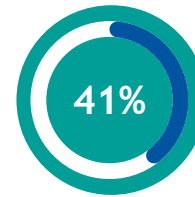
Last year alone, 3206 children and youth as well as 302 families and caregivers accessed our services.



Ages of the 3206 children and youth who accessed our services last year.



female



male



other gender identities including transgender, gender non-conforming or non-binary

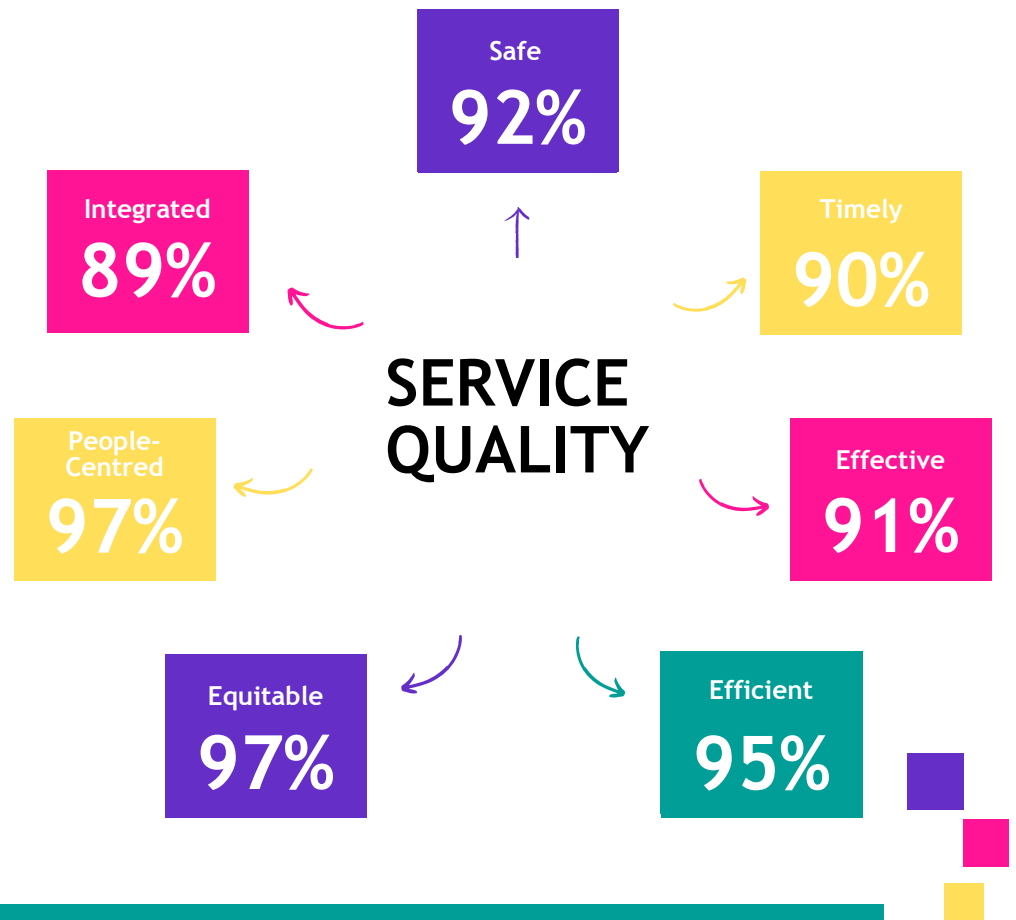
Please note that some children and youth preferred not to answer. Their responses were not included in the percentages above.

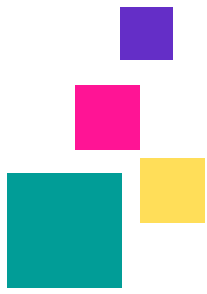
“ (Our worker) really knows how to get through to children. He has taught (my child) many new coping techniques. The results of treatment have been incredible.

This past year, using the Ontario Perception of Care (OPOC) tool, youth and families that accessed services in our Youth and Family Program were asked for their feedback on our organization and the services they accessed.

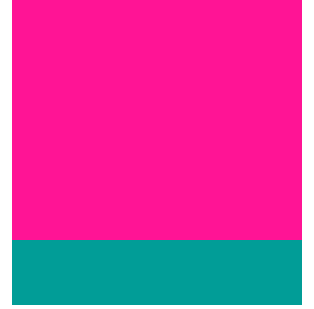
With a completion rate of 73% (half being children and youth and half being families and caregivers), New Path scored high in all the service quality categories.

Youth and families felt services were:





FAMILY ENGAGEMENT



Better Together Peer Support Group for Parents & Caregivers

Our peer support group gained vigor this year with increased participation and families reporting they felt supported and got what they needed from the group, including resources for caregiver events and learning opportunities!

Family Support Program (FSP)

The FSP continues to provide practical and meaningful, peer-based support to families accessing longer term clinical services. When families were asked how the service has helped, they responded:



“ (FSW) has helped me recognize, I do know how to advocate, speak up and be heard especially with other services - I have so much confidence now.

“ (FSW) and (the) NP worker worked together to help me problem solve and get some solutions for my kids and everything seemed to come into place all at once.

YOUTH ENGAGEMENT



Being surrounded by people just as passionate about making change as I am was an incredible experience.



Simcoe New Mentality Youth Advisory Committee (YAC)

YAC consists of 10 youth partners, three staff partners and a New Path board member. Through their work they have provided youth voice on New Path initiatives, offered input and resources for the Pathways to Wellness Child & Youth Mental Health Resource and started an Instagram social media page @simcoe.new.mentality.yac

In partnership with Shak's World, the YAC also hosted two in-person events as follows: Express Yourself: Arts & Open Mic Night and The Mental Health Picture Show, along with daily Instagram wellness challenges.



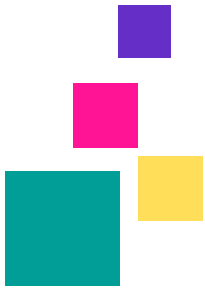
The YAC was able to create a safe space where members were able to share their opinions and stories without judgement which is really important. It brought us closer together and comfortable when working to create events for Children's Mental Health Week.



YOUTH AND FAMILY ART

We asked our families and youth to submit artwork to showcase at this year's AGM. Here are the incredible submissions.







THANK YOU TO OUR FUNDERS, DONORS, AND PARTNERS

We would like to thank the Ministry of Health (MOH) and the Ministry of Children, Community and Social Services (MCCSS) for your ongoing support of child and youth mental health services. We would also like to thank Children's Mental Health Ontario (CMHO), Royal Bank of Canada Community Grants, South Georgian Bay Community Health Centre, The Common Roof, The Ontario Trillium Foundation, The Students Commission of Canada, and Waypoint Centre for Mental Health Care for your support of our services.

Thank you to all of our donors including those who chose to remain anonymous!

 Allen Beacock	 Coldwell Banker Ronan Realty
 Janice Evans	 Collingwood Lodge 54 Independent Order of Oddfellows
 Caitlin Fournier	 Grant Thornton Foundation
 Bryan Holder	 Spacez Boutique
 Elizabeth McKeeman	 Straight Line Tool Inc.
 Isabel Piesley	 Strata Wellness & Benefits
 Joseph Triolo	 The Madison Group - RBC Wealth Management
 Sara Triskle	 The RBC Foundation
 Brian Wiese	 Toronto Diocesan Anglican Church

Thanks for Fundraising for Us!

-  Eastview Secondary School Coffee House Night
-  Flex N Gate Man Zone Event



A special thank you to Rock 95 Barrie/Kool FM Barrie Toy Drive for your donation of toys to support our children, youth and families over the holidays!

A BIG THANK YOU!

OUR BOARD OF DIRECTORS

Board Chair

Dale Boyle

Board Vice-Chair

Desiree Burke

Past Chair

Paul Shervill

Audit Committee Chair

Rick McHale

Board Development Chair

Lori-Ann Seward

Directors

Courtney Campbell

Chrissy Deckers

Janice Evans

Meghan Gray

Tim Gronfors

Laura Kloosterman

Amanda Palermo

Darryl Paul

Chris Samis

Katherina Symes

OUR LEADERSHIP TEAM

 Elizabeth McKeeman, Outgoing CEO


 Jim Harris, Incoming CEO

 Maureen Armstrong, Executive Assistant and Board Liaison

 Lisa Cluett, Director of Services


 Bijumon (Biju) Peter, Director of Operations and Planning

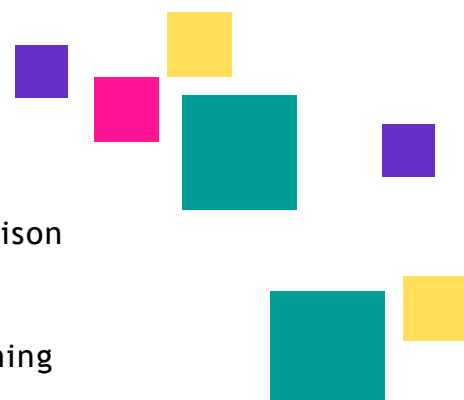
 Tara Powers, Manager of Human Resources

 Magda Montagnese, Manager of Continuous Quality Improvement

 Kim Moreau, Manager of Finance

 Mahendra Patel, Manager IS and Network

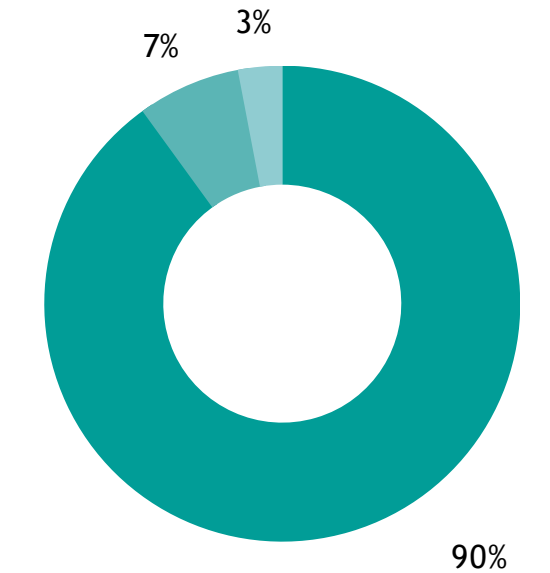
 Dominika Zapolnik, Communications Manager



REVENUES AND EXPENDITURES

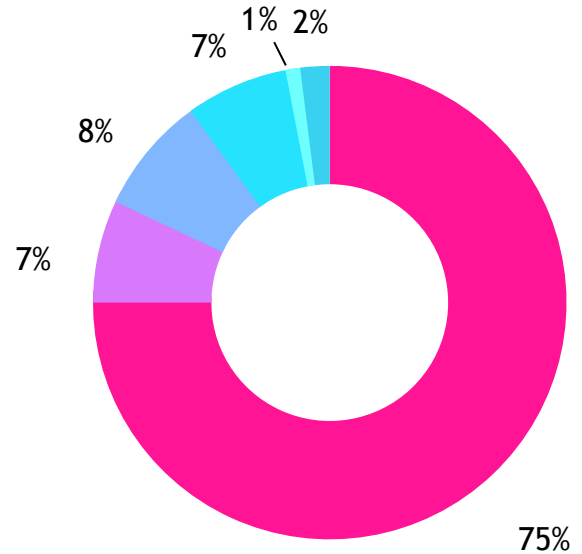


Revenue Sources



Operating Grants Ministry of Health and Ministry of Children, Community and Social Services	\$9,088,001
Other Operating Grants	\$308,632
Expenditure Recoveries, Investment Income, and Other Income	\$652,727

Expenditures



Salaries & Benefits	\$7,607,132
Building Occupancy	\$664,368
Purchased Services	\$762,017
Administrative Costs	\$711,080
Repairs & Maintenance	\$114,779
Other Expenses	\$202,018

CONNECT WITH US



New Path Head Office: 165 Ferris Lane, Barrie, L4M 2Y1



Email: info@newpath.ca



Phone: 705-725-7656



Website: newpath.ca



Need Mental Health Support?

Book an appointment through the Quick Access Child and Youth Mental Health Clinic. This clinic provides single-session counselling and can be your first step to accessing other New Path services as needed.

BOOK TODAY
www.newpath.ca