



NEW PATH YOUTH &
FAMILY SERVICES



BOUNCING
BACK
annual
report

2020-2021

WHERE WE ARE NOW



Elizabeth McKeeman

Elizabeth McKeeman
Chief Executive Officer



Paul Shervill

Paul Shervill
Board Chair



Welcome everyone. This time last year I don't think we really knew where life in the pandemic was going to take us. It has been a very longgggg year. It has also been a very hard year for children, youth, and their families, our staff and society more broadly. The theme for this AGM, Bouncing Back, as selected by our youth, speaks volumes. We are on the mend and on the upswing. The pandemic has interrupted and interfered with precious elements of our lives, but it did not win. We will continue to bounce back stronger than ever, and even perhaps with a renewed perspective of what is important in life.

New Path has been a strong, stable and consistent support to children, youth and their families throughout the past year and it is with immense pride that we led our organization through such challenging times. We moved to virtual services, maintained our walk-in clinics, which became call-in clinics, and met a huge need for mental health supports. We fell only slightly short of meeting all our targets for clients served, which is incredible given that referral sources like schools were closed much of this time. We prepped for accreditation, we held agency-wide zoom So Well initiatives, and we moved to a new location in Collingwood. So yes, we are bouncing back. We are bouncing back with a new location planned in Barrie that allows us to offer another Walk-In Clinic location in the south end of Barrie.

We were selected by our funder to be the lead agency for child and youth mental health in Simcoe County. Our goal as lead agency is to ensure accessible, consistent, high quality children's mental health services across our region. Part of the work this past year was to identify gaps and service needs in Simcoe County and ensure that new investments were directed at addressing the many gaps in mental health services for children, youth and their families.

HIGHLIGHTS

Highlights during this past year included:

- announcements of new investment dollars for children's mental health, which resulted in continued growth and expansion of our services.
- our staff team and clients worked hard to follow safety protocols and have remained healthy throughout this time.
- a virtual celebration reflecting on the history of the organization and of a significant milestone for New Path, our 20th Anniversary!

THANK YOU

We want to thank the leadership team for their strong and resilient approach to decision making, problem solving and ongoing smooth operations of the organization. We want to thank the board for their incredible support and concern this past year. We, of course, want to thank our staff, who are our heroes. They have managed the challenges they faced as individuals, while balancing the needs of their clients. We do also want to acknowledge our funders and community supports who provided us with the resources to help us manage the overwhelming demands of responding to COVID.

Lastly, we want to thank our community and our clients. People have been supportive, understanding, and respectful of our COVID plans. We truly are one big team bouncing back together to reclaim life as we knew it pre-pandemic.

And, as we look forward to bouncing back to the "new normal", we continue to keep our clients and their families uppermost in our minds. They are, after all, why we exist. We will continue to work with our partners, government and clients to find our place in this shifting health care landscape. And through it all, our focus will remain where it belongs, on the children, youth and families in need of our support.

ABOUT US



OUR VISION

Supportive Communities and Better Futures

Communautés de soutien et avenir meilleurs

OUR MISSION

Through leadership and partnerships, New Path Youth & Family Services ensures that children, youth and their families in Simcoe County have integrated, accessible, innovative, quality mental health services when and where they need them.

Grâce au leadership et aux partenariats, New Path Youth & Family Services veille à ce que les enfants, les jeunes et leurs familles du comté de Simcoe County aient recours aux services de santé mentale intégrés, accessibles, novateurs et de qualité au moment et à l'endroit où ils en ont besoin.

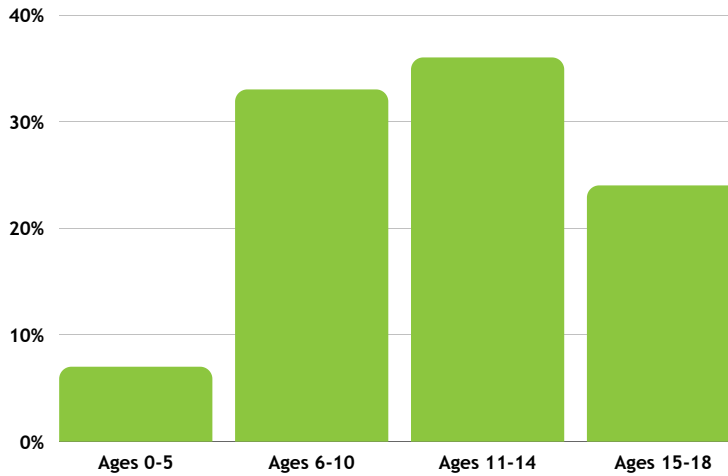
OUR IMPACT

A LOOK AT OUR NUMBERS

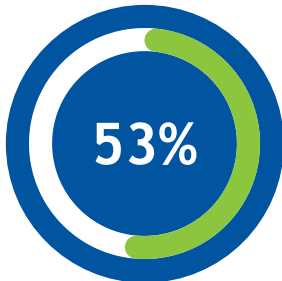


New Path offers a range of mental health services for children, youth and their families across Simcoe County.

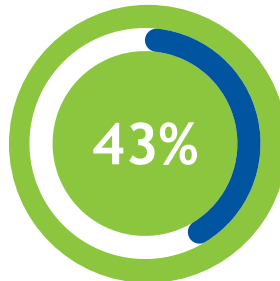
This past year 2415 children, youth and their families accessed our services.



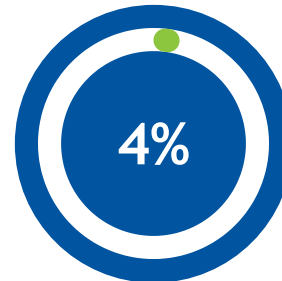
ages of clients served in 2020-2021



female



male



other gender identities

SERVICE HIGHLIGHTS

VIRTUAL SERVICES



With the onset of the pandemic, New Path quickly shifted to a virtual service delivery model offering phone and video sessions to ensure the continuation of vital mental health services, while maintaining the safety of our staff and clients. Our Walk-In Clinic became our Call-In Clinic and families continued to access services by calling us to book appointments. This shift has increased access to vital mental health supports by enabling families and youth to access services across the county, 5 days a week.



Parenting groups also went virtual this past year, and Triple P groups began offering services on a video platform as well. While virtual sessions have not worked for everyone, as essential service staff, we have been able to see families and youth in-person when necessary. The flexibility of staff in learning new service delivery options in the midst of a global health crisis was amazing. We are truly thankful and grateful to all our staff, families and youth for showing such resilience and flexibility in this ever-changing environment.

We continue to offer services by phone, video and in-person to children, youth and their families in Simcoe County.

INNOVATION

Despite the challenges of working during the pandemic, staff continued the work of developing clinical practices within the agency through committee work. Some new innovative committees, such as the Incubator Committee (which helps staff develop new ideas for service or programming), began meeting at this time.


The Evidence-Based Committee was reinstated to review the best evidence-based and evidence-informed practices to meet the needs of the children, youth and families we work with.

The Family Engagement Core Implementation Team, comprised of parents and staff, has worked throughout the year developing practices and policies as well as training staff and Board members on family engagement.

FAMILY SUPPORT PROGRAM



"This program is effective at engaging families, and reducing dropout from services. When family and caregivers have less strain, feel connected to a peer-to-peer worker, and our community resources, they are less isolated and better equipped with skills and resources to parent their children."

 Lisa Cluett,
Manager of Clinical Services

A three-year, \$695,300 Grow Grant from the Ontario Trillium Foundation (OTF) enabled us to begin to provide the Family Support Program (FSP). This allows us to connect parents or caregivers with family support workers who have lived experience as caregivers of children or youth with mental health needs.

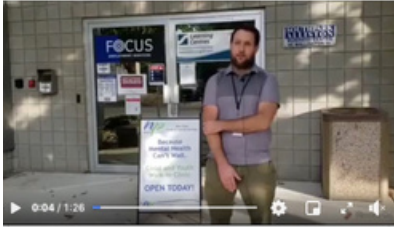
Through this program, FSP workers will work with families to develop a family support plan, and help parents or caregivers develop skills to support children and youth. This program will be available to families participating in New Path's longer term service programs, at all New Path service locations. Funds from the OTF grant will be used over the period of the grant to help with staffing and program costs.

Approximately 80 per cent of parents and caregivers report that their work/life balance is impacted due to their child's mental health concern. Their stress levels, mental health, and ability to parent their child and meet their needs are impacted. However, with the help of the FSP program, parents and caregivers will acquire skills and resources to be better equipped to support their children and to navigate the mental health system.

The FSP, which engages families in a peer-to-peer model, is now one of the many services offered at New Path Youth & Family Services. For more information about this program, please call us at 705-725-7656 or email info@newpath.ca

CONNECTING VIRTUALLY

A huge thank you to **Ontario Provincial Police - Central Region** for your support of **mental health services in County of Simcoe!** Because Mental Health Can't Wait! www.newpath.ca



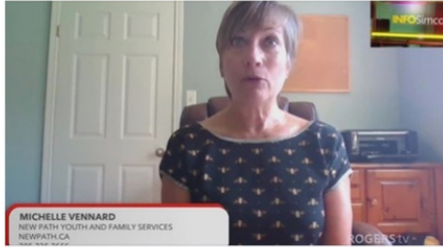
Ontario Provincial Police - Central Region

October 3, 2020

Local to Alliston, is New Path Youth & Family Services, which provides child and youth mental health services online and by phone at 705-725-7656. Free of charge.

Learn more about New Path Youth & Family Services, visit <https://www.newpath.ca/>

Check out New Path's Director of Service, Michelle Vennard speaking to **ROGERS tv Barrie** about the delivery of child and youth mental health services during COVID. We are offering free virtual (online and call-in) counselling services to children, youth and their families. Call us today. Get help today. 705-725-7656.



MICHELLE VENNARD
NEW PATH YOUTH AND FAMILY SERVICES
NEWPATH.CA

YOUTUBE.COM

INFO Simcoe - New Path Youth and Family Services, July 10th, 2020

Scott has been working in the Live-In Treatment Services program for over 13 years. Throughout this time he has integrated his passion for music into his work with youth in the program. Learn more: www.newpath.ca/services/live-in-treatment-services/



Scott Stratton

Child and Youth Worker, Live-In Treatment Services Program

Learn more about shining green next week during Children's Mental Health Week at www.newpath.ca/CMHW2020



BarrieToday.com

April 29, 2020

Shine green for children's mental health next week: Barrie city councillors will be wearing green next week

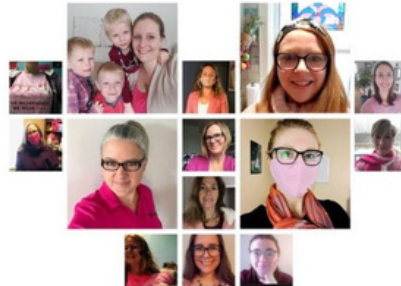


BARRIETODAY.COM

Shine green for children's mental health next week

Read the full story and comment on BarrieToday.

We are wearing pink today to stand up against bullying!
[#pinkshirtday](https://pinkshirtday.com) Learn more: www.pinkshirtday.ca/



A little something to bring a smile! This morning at the Barrie Common Roof @NewPathFoundation our receptionist found all of these lovely, painted rocks in our garden. What a sweet gesture! Thank you to those who left them. They certainly brought a smile to our faces!



Laura, one of our fabulous Adolescent Outreach Workers, spoke with Debbie from Inside Mental Health about mental health and wellness and where to get help if you need it. Check it out! <https://youtu.be/qJNcdpb6Fd0>



DEBBIE MULDER
HOST

LAURA DIPIETRO-SAUL
NEW PATH YOUTH AND FAMILY SERVICES

ADOLESCENT MENTAL HEALTH



Dominika Zapol...

BARRIETODAY.COM

New Path unveils Glen Newby Scholarship recipients

Read the full story and comment on BarrieToday.



NEWPATH.CA
@NEWPATHYFS



OUR TEAM

EMBRACING CHANGE

The team at New Path has embraced change throughout the past year and remained agile to cope with the challenges presented by the pandemic. Without our responsive and resilient team, we would not have been able to continue to support our community when so many other providers needed to pause service. Our 103-person team has grown more knowledgeable, quickly adapted processes and technology and bounced back from every change and challenge along our journey together. Their innovative thinking and unwavering dedication have helped us to continue to move forward with the strategic plan.



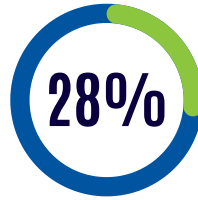
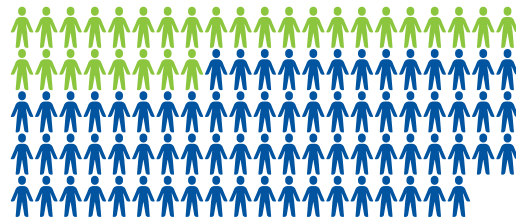
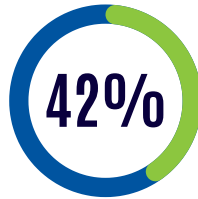
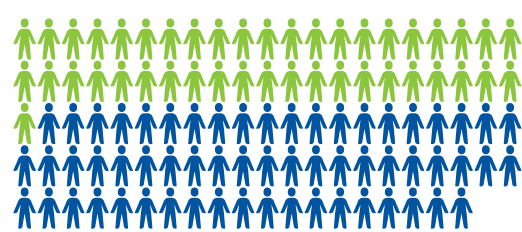
STAFF WELLNESS

A focus on staff wellness and self-care was prioritized, as we know that when people are feeling good, it's easier to deliver the highest quality services and supports to children, youth and their families. With the support of our Ministry and OPSEU, we introduced new mental health supports, benefit enhancements and other retention strategies for staff. Several committees have contributed to promotion of health and wellness including the So Well, Joint Health and Safety Committee and our Transition Team. These cross functional teams remain focused on what is important to staff and help support engagement. Peers and Supervisors have taken the initiative to maintain connections when it is very easy to feel isolated while adhering to public health measures. Staff have connected via virtual coffee chats, quick Kahoot quizzes, virtual events, such as the 20th anniversary celebration, a holiday event and a cooking class.

OUR TEAM

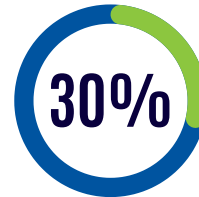
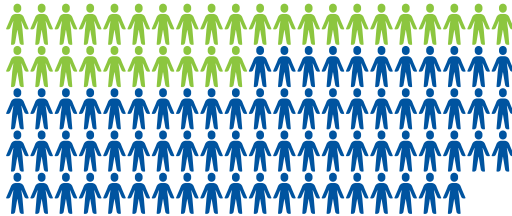


This year we have filled 31 vacancies at New Path and had 19 passionate professionals join the team. As of March 31st, almost 60% of our staff have committed to the delivery of the highest quality of services for more than 5 years!



43 staff with 0-5 years of service excellence

29 staff with 6-15 years of service excellence



31 staff with 15+ years of service excellence

A brief note of gratitude to our staff, we appreciate your hard work; we are proud of the success and outcomes you have achieved; and we value the strengths each of you bring to the New Path team. We hope you are as proud of yourselves as we are of you!

Thank you for taking care of one another and our community.

"(The Walk-In Clinic) helped me get some things off my chest and find some strategies to calm my anxiety."



OUR AMAZING TRANSITION TEAM

The focus this past year has been on reducing the spread of COVID 19, while providing essential mental health services to children, youth and their families. While this did not stop system planning, it did provide a new focus.

As a result, a new COVID-19 Community of Practice committee was established with regional Ministry of Health partners and a coalition of children's mental health came together as well. Both provided vital opportunities to ensure policies and practices were adapted and refined to meet the changing provincial directions related to the pandemic response.

A great deal of work was done to support efforts across the system to address the pandemic and safely deliver essential services. Internally New Path COVID-19 Transition Team focused on developing an effective response to COVID-19, keeping staff and clients safe, while providing services and contributing to the global effort to reduce the spread. Thank you everyone!

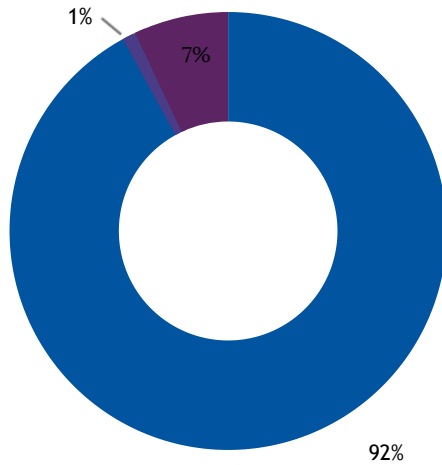


"The clouds parted and I could see blue sky and sunshine. This is exactly what we needed and I am hopeful and more confident that things will get better."

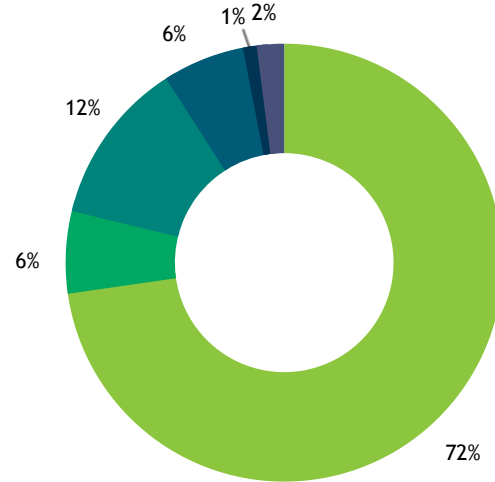





REVENUE SOURCES AND EXPENDITURES

REVENUE SOURCES



PROGRAM EXPENDITURES



	Operating Grants Ministry of Health and Ministry of Children, Community and Social Services	\$9,174,457
	Other Operating Grants	\$101,884
	Expenditure Recoveries, Investment Income, and Other Income	\$653,723

	Salaries & Benefits	\$7,096,488
	Building Occupancy	\$596,895
	Purchased Services	\$1,171,761
	Administrative Costs	\$620,882
	Repairs & Maintenance	\$140,557
	Other Expenses	\$194,512

A BIG THANK YOU TO OUR BOARD OF DIRECTORS

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CHAIR-AUDIT COMMITTEE

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PAST CHAIR

Lyn McLeod

DIRECTORS

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Michael McKean

VICE CHAIR

Dale Boyle

BOARD DEVELOPMENT CHAIR

Desiree Burke

Courtney Campbell

Meghan Gray

Laura Kloosterman

Lori-Ann Seward

THANK YOU TO OUR LEADERSHIP TEAM

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Elizabeth McKeeman

DIRECTOR OF SERVICES

Michelle Vennard

COMMUNICATIONS MANAGER

Dominika Zapolnik

MANAGER OF CLINICAL SERVICES

Gord Bain

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Lisa Cluett

MANAGER OF QUALITY ASSURANCE

Carlo Mandarino

MANAGER OF PLANNING AND SYSTEM INTEGRATION

Jim Harris



THANK YOU TO OUR FUNDERS AND DONORS

Thank you to the Ministry of Health - Child and Youth Mental Health and the Ministry of Children, Community and Social Services (MCCSS) and MCCSS Youth Justice Division for your ongoing support of child and youth mental health services.

We would also like to thank New Path Foundation, The Ontario Trillium Foundation, The New Mentality, The Students Commission of Canada, The Barrie Community Foundation for your support of our services.

We want to thank all of our donors including those who chose to remain anonymous. Thank you so much for helping us to support children, youth and their families throughout the many communities in Simcoe County.

Ann & Ken McKeeman
Bradley Cameron
Collingwood Lodge IOOF
Georgian College CYW Students
Irene Thomas
Janice Evans
Jessica Chislett
Kim Moreau
Michael McKean
Michelle Vennard
OECTA Simcoe Muskoka Elementary

A very heartfelt thank you to Keira for the incredible artwork that touches so nicely on this year's theme of Bouncing Back. Thank you!

"It was very good to have a sounding board and third party to discuss issues with. It really helped to hear that we're going through things that all parents struggle with in the teen years."



Because Mental Health Can't Wait

Free child and youth mental health services
available in-person, by phone, and online



705.725.7656
www.newpath.ca