



Planting Futures: Hand in Hand

NEW PATH YOUTH & FAMILY SERVICES
ANNUAL GENERAL MEETING REPORT
2018-2019

Board Chair and CEO Report



Glen Newby
CEO

A handwritten signature in black ink, appearing to read "Glen Newby".



Lyn McLeod
Board Chair

A handwritten signature in black ink, appearing to read "Lyn McLeod".

Change continues to be the norm these days and certainly for New Path and the child and youth mental health sector. New Path continues to be well positioned to maintain its improved service quality, service access, and organizational governance all within the context of both a core service provider and the Lead Agency in the Simcoe County service area.

This past year New Path continued into our second year of the strategic plan. This plan was developed to integrate both the core services activities and the roles and responsibilities of Lead Agency, focusing specifically on the triple P's of People, Programs, and Partnerships. The annual operational plans are measurable for continual quality improvement and resonate with all staff and board members.

New Path's Walk-In Clinic pilot project to reduce wait times had been exceptionally successful and this past year evolved into a core service provision at locations all across Simcoe County. These clinics offer children and youth, and their families,

quick access to help, and serve as an entry point into more comprehensive mental health services, if required. More detail is available in the AGM report.

We are very pleased to report that New Path has successfully re-engineered its Residential Treatment Program into a model that has increased commitment to the integration of family and community in a child's treatment experience. Physical stays will be shorter, used as a part of the child's overall treatment plan, and include significant transition work for a child to remain connected to family, community, and school. The new design offers a similar number of youth to be served, at a reduced overall cost.

The communication efforts at New Path have been significant, and have included enhanced social media as well as the development of a New Path Promoter position. This position, along with significant participation in a variety of community events and marketing efforts has given New Path a much higher level of community awareness, and ultimately provided children, youth, and their families, greater awareness of where to seek help.

Lead Agency work continued to focus on a number of priorities. The previous priority of a single point of access has been revised to develop an integrated access service for Simcoe's child and

youth mental health services. The integrated access involves New Path and Kinark Child and Family Services, one of the core service provider agencies, to work together with all referrals to the system to better ensure that clients receive the right service, at the right time and in the right location to best meet their needs. Work also continues with La Clé d'la Baie to ensure that French speaking and Francophone clients receive service in their language of choice. New Path has continued its work with the governance bodies of other service providers that touch the lives of children and youth.

The Simcoe Collaborative Governance has brought together board members from various sectors (education, health, child welfare, mental health) to support a consistent approach to improved collaboration and integration of services, and other planning initiatives. Although temporarily on hold at this point pending the province Health Care Reform developments, the relationships that were established from the Collaborative Governance work over the years will greatly facilitate future governance recommendations for a local Ontario Health Team in our communities. And most importantly better ensure that child and youth mental health is a priority area.

This past year saw the transition of the child and youth mental health sector into the Ministry of Health and Long Term Care (MHLTC). One of the challenges is to make sure that kids mental health does not become lost within MHLTC. However, the role of Lead Agency has been affirmed provincially within MHLTC which creates an opportunity to step up our capacity to influence what is now the largest and most prominent Ministry in the Ontario government, to make sure that child and youth mental health remains a priority focus.

Both board members and staff have an obligation to inform and educate our community leaders and politicians about the critical importance of enhanced mental health services for children and youth, and their families, on both the social and economic outcomes for Simcoe County and all of Ontario.

There are many other exciting initiatives evolving at New Path and we are excited about what the future holds. This past year's accomplishments could not have been achieved without the commitment and strength of the Board of Directors. The governance process has been taken to a new level of oversight and monitoring. The "Dine & Learn" sessions have provided exceptional topical discussions on issues affecting Simcoe County. The strength and support from the Board has provided a strong foundation for senior management to integrate both core service and Lead Agency responsibilities, locally and provincially. And this all further supports an amazing group of managers, supervisors, front line, and support staff. We specifically thank each and every front line staff member for their commitment to quality services. They are truly making a difference in the mental health of our children and youth, and their families. It is this commitment of supervisory and clinical staff that makes New Path such a valuable asset for Simcoe County.

And of course, a very special thank you to the children, youth and families who have allowed New Path and our core service provider agencies to enter their lives during very difficult times. The partnerships, relationships, trust, and team work that you have allowed us to develop together with you is one of the major factors in your success. And that is ultimately the only result that really matters.

About Us



Vision

Supportive Communities and Better Futures

Communautés de soutien et avenir meilleurs

Mission

Through leadership and partnership, New Path Youth & Family Services ensures that children, youth and their families in Simcoe County have integrated, accessible, innovative, quality mental health services when and where they are needed.

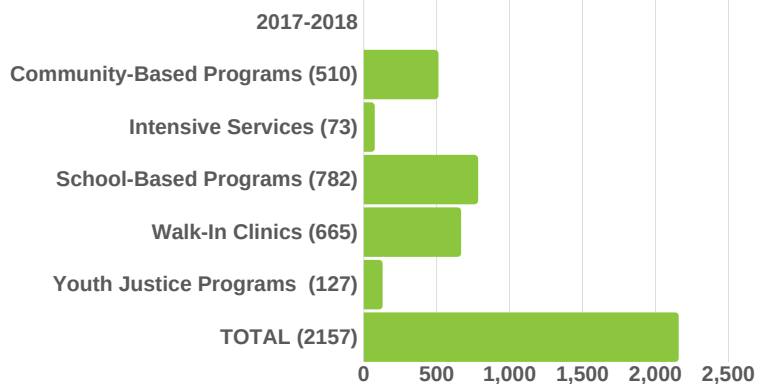
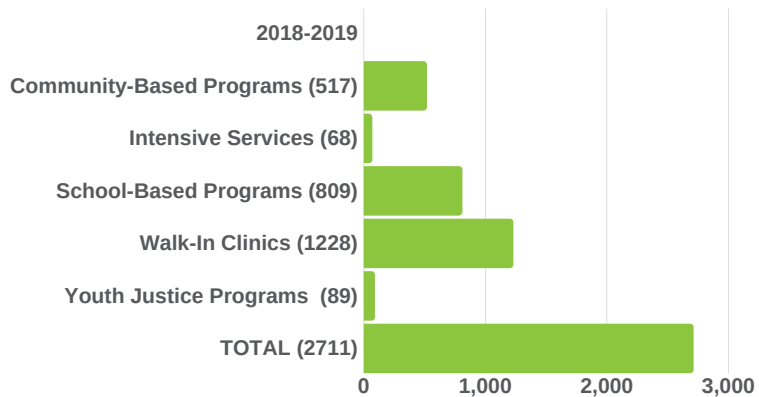
Grâce au leadership et aux partenariats, New Path Youth & Family Services veille à ce que les enfants, les jeunes et leurs familles du comté de Simcoe County aient recours aux services de santé mentale intégrés, accessibles, novateurs et de qualité au moment et à l'endroit où ils en ont besoin.

554 more children, youth and their families accessed services last year!



New Path offers a full-range of mental health services for children, youth and their families across Simcoe County.

Last year we were able to help even more people in communities across the County.



Service Highlights

Timely and Responsive Mental Health Services When and Where You Need Them

Because mental health can't wait, we launched child and youth mental health Walk-In Clinics as a first step to accessing a full-range of mental health services when and where they're needed. Walk-In Clinics, initially launched in September 2017, have continued to operate across the County. This past year, we were able to expand our two Barrie Walk-In Clinics and now offer Walk-In Clinic services from 8:30am to 7pm in Barrie on Wednesdays and Thursdays.



Did you know that New Path launched the child and youth mental health Walk-In Clinics in 2017 as a result of consultations with families across Simcoe County? The results have been drastically reduced wait-times and timely access to child and youth mental health services.

Based on feedback from families and community partners in Midland, we were also able to offer a Walk-In Clinic in Midland in collaboration with Catholic Family Services, Canadian Mental Health Association, Waypoint and Chigamik.

New this year, our Bradford Walk-in Clinic is also offered in collaboration with Catholic Family Services. Both the Midland and Bradford clinics are all ages, with New Path seeing children and youth and other service providers seeing the adults.

Our Exceptional Residential Treatment Program

Last year saw significant changes to our Residential Treatment Program located in Cookstown. We consolidated from 3 residential houses to 2 with shorter service duration in the residence and an increased focus on transition work. Our Intensive Services & Transition Program (IST) has been in operation for one full year and has worked well with the youth in our Residential, Youth and Family and New Directions Treatment programs. The IST program has enabled the provision of services greater in frequency and scope with youth and their families bridging the time in the residence and other programs and allowing for enhanced support of the treatment goals. The IST program has been a very welcome addition to the service offering for the children, youth and families we serve. As predicted, our residential team was able to work more effectively for a shorter duration with the addition of our IST workers.

Research has repeatedly proven the usefulness of services delivered via a group delivery format. This past year, we offered a regular roster of coping groups for children and youth as well as parenting groups. In total, we were able to see a total of 83 children and youth in group programs. For parents, we delivered Triple P parenting groups and served 68 parents.



Collaborative Leadership in Simcoe County: New Path as Lead Agency

In our role as Lead Agency for children’s mental health services in Simcoe County, we continue to engage in work on developing an integrated child and youth mental health system in order to provide timely and responsive child and youth mental health services, when and where they’re needed.

Pathways to Child and Youth Mental Health

We are very excited to have completed our project on the Pathways to Child and Youth Mental Health and Addictions Services. This project makes it easier for those needing to access services know where to go. Visit www.newpath.ca/pathways on our website to access the pathways documents in both French and English. There are two versions, one for North Simcoe-Muskoka and one for South Simcoe. Over three hundred service providers were trained in using the pathways and were able to take that learning back to their organizations to train their own staff on their use. Initial feedback from service providers about this tool has been extremely positive.

Resources to Help Navigate the Child and Youth Mental Health System

With input from youth and parents, we developed a wallet-sized resource card for youth and a postcard size for professionals. These were printed in both English and French and distributed widely within our community in order to ensure that those needing mental health supports know where they can access them.

Moving to the Ontario Ministry of Health and Long-Term Care

With children’s mental health falling under the Ontario Ministry of Health and Long-Term Care as of April 1st, we paused our work on developing a single point of access and instead have focused on a smaller more attainable short term goal of integrating access to counseling and therapy amongst the core service providers.

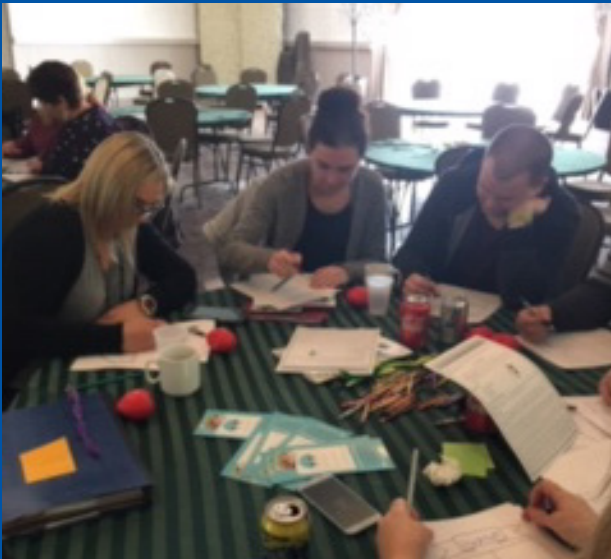
Planning for the Future

Planning is a big part of the role of being a Lead Agency. In this planning role we are looking at establishing current and anticipating future service needs and gaps in services throughout Simcoe County. Part of this has meant looking at significant amounts of data including four years of service information from our three core service providers (New Path Youth & Family Services, Kinark Child and Family Services and La Clé d'la Baie), the latest census data that was released as well as other relevant information about our community. This report will be shared with the broader community in the fall and will help establish service needs and gaps to position us to be ready when new investments are announced.



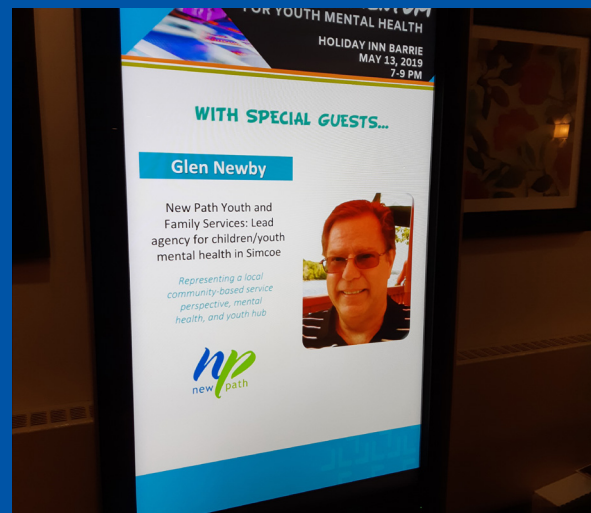
Collaborative Partnerships

Here at New Path, we pride ourselves on our ability to collaborate with service providers, community members, and clients in order to ensure timely and responsive mental health services to those needing them in our region.



Family Engagement is one of our strategic priorities. We know when families are engaged, and opportunities are created for family voice, we get to hear their needs and concerns; ensuring accountability and services that reflect them. At New Path this means families and staff are working together as active partners. We have been working with Sarah Cannon, the Executive Director for Parents for Children's Mental Health and New Path's family engagement specialist. Early this year we sent out a snapshot survey to all staff, and Board of Directors. The snapshot was intended to gather important information and perspectives to help inform future family engagement planning. Based on the results, recommendations have been suggested to enhance family engagement.

Waypoint Centre for Mental Health Care held its Momentum: Research Realized Conference in Barrie. New Path staff, Doug Moore and Kent Boehme, presented information about our Walk-In Clinics and our CEO, Glen Newby spoke on a panel for Building Momentum for Youth Mental Health! This event provided participants with access to organizations in our community, and cutting-edge research to answer mental health-related questions.





Through our new Intensive Services and Transition Program (IST) we have partnered with Royal Victoria Regional Health Centre to offer support to students in their new day treatment program. Both organizations are very excited with this new initiative.

RBC Foundation donated \$90,000 this past year to help us expand our child and youth mental health Walk-In Clinics in Barrie and Midland. These two locations have experienced significant increases in the number of visitors and the funds will ensure that children, youth and their families continue to have timely access to mental health services.



This past year, we developed a part-time role to promote our services to the community. In that time our promoter met with over 1000 community partners and distributed our brochures, Walk-In Clinic posters, Walk-In Clinic cards and other important information to help support families in accessing child and youth mental health services.

Expanding to Meet Our Community Needs

We have experienced growth this year with a number of new positions being created to meet the mental health needs of children, youth and their families in their communities. Below you can read about the experiences of a few of our newer team members who started out as student placements and are now helping us help even more families.



Céleste Mattinson

From Student Placement to Intake Worker

Céleste began her New Path journey as a placement student where she had the opportunity to work within different areas of the agency. She worked alongside Early Years Workers in the Early Years Program, the Brief in 3 Counselling Program as well as the Triple P, Positive Parenting program. These experiences allowed her to see how evidence-based practice is utilized in the many programs in a variety of different ways (whether it be through psychoeducation or activities).

“Everyone is looking out for each other, and ready to support one another when it is needed. I have never seen the same kind of team work that goes on in this agency anywhere else. While working here I also learned that Children’s Mental Health is what I am most passionate about, and I am fortunate now to have finished my placement and work in an area that I love,” says Celeste.

Siobhan O’Hara

Student Placement in the New Directions Treatment Program and the Youth and Family Program

“I was really fortunate to be able to do my placement with New Path and then be hired on. New Path has provided me with an encouraging learning environment filled with supportive staff to help with my growth as a new counsellor. I find myself very lucky and am excited to be part of the New Path Team!”

Kaeli Hammell

Brief Worker

“As a new employee at New Path I have been blown away by how welcoming and friendly all of the staff have been here. I feel like they have all been committed and dedicated to making me feel like a part of the team and are open to teaching me about the job and the organization. I am grateful to New Path and its staff for this opportunity to grow and for the services it provides to our community. I am looking forward to continuing this journey with New Path and being a part of the positive change that it inspires in the community.”

Reva Timbers

Relief Worker

“Coming on board with New Path, I’ve felt supported and accepted since day one. Everyone is so helpful and friendly, I feel comfortable asking questions and I really get the sense that the people here are a family. I am excited to continue to meet the team and learn more from them.”

Testimonials

“Made me feel better. Gave me another reason to stay here (no suicide). Nice to talk to someone about my problems.”

New Path Youth

“It was good to talk to someone about what’s bothering me without the worry that it’s gonna come back to me in a negative way.” New Path Client

“My son and I found the Walk-In Clinic extremely helpful, welcoming and resourceful. I have a new hopeful outlook after meeting with a counsellor and feel we are going in the right direction with her suggestions.” New Path Parent

“It was an easy process to be seen. It was great to hear that there were different programs to help different stages of ADHD development. Overall a positive experience!.” New Path Parent

Our Online Community

We are so fortunate to work with amazing partners throughout Simcoe County!

New Path's Maia Knauer, Michelle Vennard, Elizabeth Mckeeman and Board member Dale Boyle attended the Gilbert Centre's first annual Red Scarf Gala supporting programs for people living with HIV in Simcoe and Muskoka.

It's wonderful to have our board, staff, and management supporting partners who are doing great work in the community!

For more pictures and information about the Red Scarf Gala visit: www.GilbertCentre.ca/Gala



241
People Reached

65
Engagements

Boost Post

Chryssy Michelle, Beth Mulvale and 19 others



New Path YFS @NewPathYFS · Mar 13
Thankful for our community #MentalHealth partners! @Seasons_Centre @YMCASM @StartTalking1 @cityofbarrie Sharing resources to create supportive communities and better futures for children, youth and their families in @simcoecounty



3 Engagements, 5 Likes



@NewpathYFS

The kids are heading back to school but are you worried about your child's anxiety? Check out our tips on helping your family reduce anxiety levels, know when to be concerned and to find resources that can help: www.newpath.ca/back-to-school-tips-for-reducing-stress/ #kidscantwait #backtoschool @kidsmentalhlth



In case you missed it! CTV Barrie visited us yesterday! Our Barrie Walk-in Clinic is increasing hours to help even more children and youth in our community. Because mental health can't wait. <https://barrie.ctvnews.ca/walk-in-clinics-for-kids-young-ad...>



BARRIE.CTVNEWS.CA

Walk-in clinics for kids, young adults with mental health concerns

Boost Post

11 Shares

3,289 People Reached

359 Engagements

Boost Post

At Bear Creek Secondary School for grade 9 info. night. Having fun and letting youth and their families know that we offer child and youth mental health services when and where you need them. Because mental health can't wait!



285 People Reached

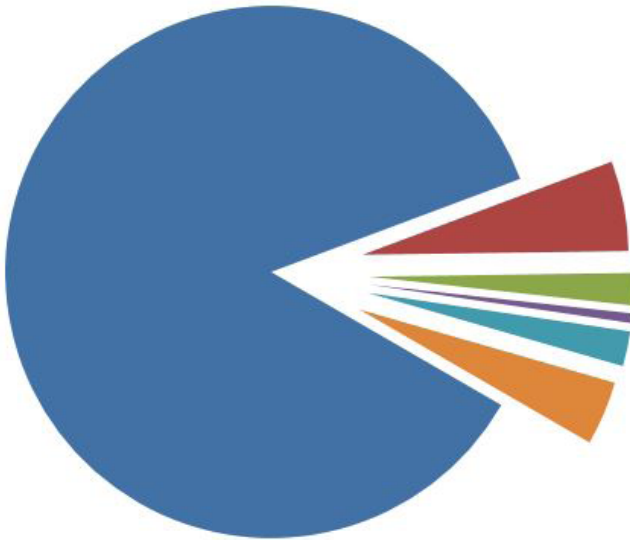
87 Engagements

Boost Post

Alexandra Wilson, Jennifer Pedersen and 8 others

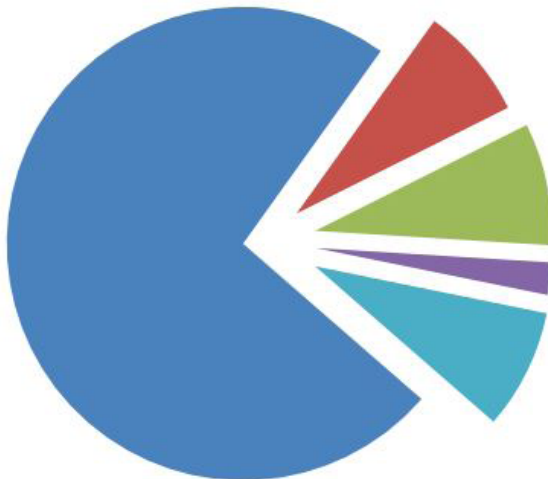
2 Shares

Revenue Sources



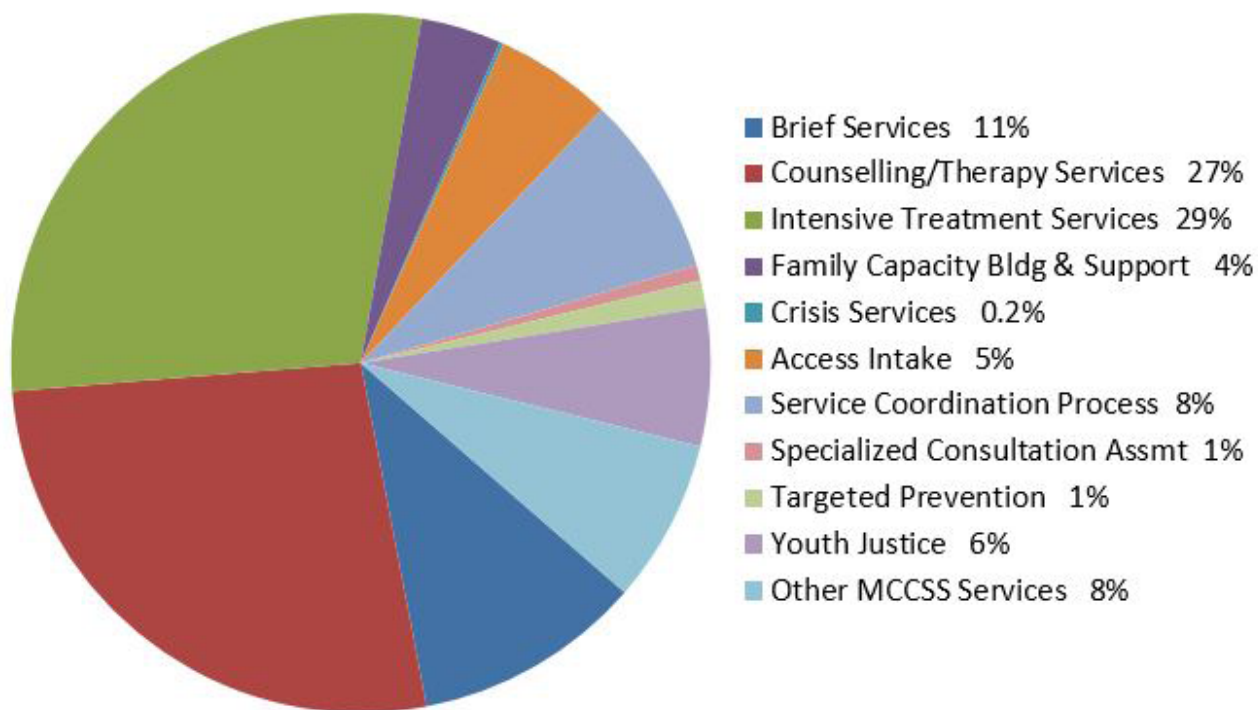
- MCCSS Programs 86%
- MCCSS YJ Programs 5%
- Ontario Trillium Foundation 2%
- Children's Treatment Network 0.6%
- Other Grants & Programs 2%
- Recoveries - Other Agencies 4%

Expenditures



- Salaries & Benefits 74%
- Building Occupancy 8%
- Purchased Services 8%
- Travel & Training 2%
- Other Expenses 8%

Ministry of Children, Community and Social Services



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Jan Wyrozub, Vice-Chair

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Greg Pope, Past Chair

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Maureen Armstrong, Executive Assistant and Board Liaison

Funders and Supporters

GOVERNMENT FUNDERS

Ministry of Children, Community and Social Services

Ministry of Children, Community and Social Services - Youth Justice

OTHER FUNDERS

Ontario Trillium Foundation

New Path Foundation

SUPPORTERS

Simcoe Core Service Providers

Child Youth and Family Services Coalition of Simcoe County

Ontario Centre of Excellence for Child and Youth Mental Health

Lead Agency Consortium

Other Simcoe Community-based organizations

RBC Foundation

New Path Foundation



A **Huge** thank you to Noah, Ali, Hannah, John, Ethan, Zoey, Chanelle and Keru for helping to develop, organize and lead our AGM!

And a thank you to Jaedynne for the beautiful artwork!



New Path Youth & Family Services

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Because Mental Health Can't Wait!

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