

2018/19

Infant Mental Health Community Training Institute



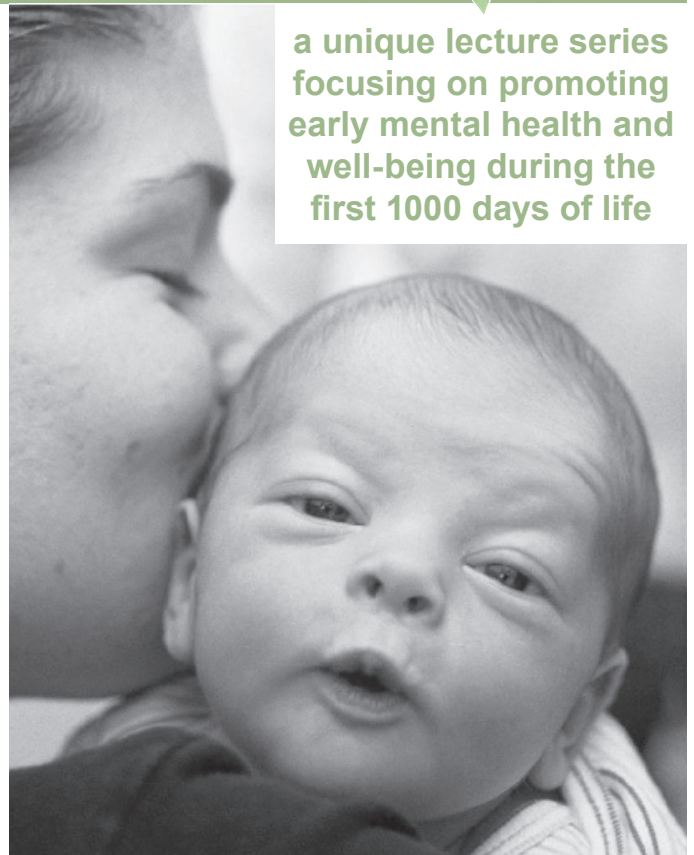
**WEB-BASED
LEARNING**

When there are identified risks and disorders in young children or in family functioning, well planned and evidence-informed intervention can promote optimal outcomes. The science is clear – early experiences in the first three years impact the architecture of the brain – this impact can be life-long and profoundly positive or negative depending on the quality and consistency of the experiences.

This training institute aims to increase practitioners' knowledge about key factors which contribute to the promotion of infant mental health and early childhood development in order to empower practitioners to be agents of change in their roles, and to ensure that every child served has opportunities for the best mental health outcomes possible. The inclusion of infant mental health promotion, prevention, and treatment as a key focus of practice within community based health and/or social service organizations will lead to enhanced:

- Understanding of just how critical early mental health is for a child, a community, and society at large;
- Understanding of risk and protective factors that contribute to early mental health and development;
- Integration and promotion of practices that focus on the prevention of infant mental health trauma;
- Embedding of screening practices to identify when a young child may be experiencing poor mental health; and
- Integration of interventions that can be provided to children who may be at risk of experiencing poor mental health.

Options allow participation in person, by Live Interactive Webcast or view recorded lectures on demand for 2 full years after original broadcast.



a unique lecture series focusing on promoting early mental health and well-being during the first 1000 days of life

This 15 part web-based series brings world renowned experts in infant mental health learning and practice to you in an economical and flexible format that can be easily integrated into staff engagement and continuing professional education.

Register today to gain essential knowledge for supporting infants and families

After initial license purchase by a participating agency/ site, participants from that agency may register as a GUEST at no additional cost in order to gain access, in person, by live or Archived Webcast recordings to access the training at your own pace, in team meetings or individually.

VALUE ADDED BONUS!!!

Participants registering
in advance for the
2018/19 training will have
additional access to the
Archived 2016/17 Series
in the interim
AT NO EXTRA COST!

What Participants have told us...

"The mental health of infants is new to most in the field of early learning and care and the general populace. However, through the determination and dedication of so many, such as yourselves, it is happening. This was an awesome series."

"This training was very intensive... full of useful knowledge that can be implemented in various degrees."

"I just wanted to express my thanks for the incredible opportunity to do these webinars. I've found it very helpful in my professional, as well as my personal, life."

2016/17 Archived Training Presentations

Introduction to IMH & Early Development

Chaya Kulkarni (BAA, M.Ed, Ed. D)
Director, Infant Mental Health Promotion

The Importance of Attachment to Development

Mary Rella (B.A., Dip. C.S.)
Manager, Community Counseling Programs, Skylark Children, Youth & Families

Understanding Brain Development in the Early Years

Dr. Pat Levitt (Ph.D)
Science Director, National Scientific Council on the Developing Child; Provost Professor of Neuroscience, Psychiatry & Pharmacy, and Director of the Neuroscience Graduate Program, Keck School of Medicine, University of Southern California

What Does the Early Development Index (EDI) Tell Us About the Children in Our Community?

Dr. Magdalena Janus (Ph.D, MSc)
Associate Professor, Offord Centre for Child Studies, McMaster University

Impact of Poor Parental Mental Health on a Child

Dr. Jean Wittenberg (MD, FRCPC)
Head Infant Psychiatry Program, The Hospital for Sick Children, Co-Chair IMHP. Associate Professor, University of Toronto

FASD and Impact of Substance Misuse on the Caregiving Relationship

Margaret Leslie (Dip.C.S., C.Psych.Assoc.)
Director, Early Intervention Programs, Mothercraft/Breaking the Cycle

Temperament

Greg Lubimiv (M.S.W, CACPT Supervisor)
Executive Director, Phoenix Centre for Children and Families

Common Disorders of Early Childhood

Greg Lubimiv (M.S.W, CACPT Supervisor)
Executive Director, Phoenix Centre for Children and Families

Development of Regulation in the Early Years

Dr. Stuart G Shanker (DPhil)
Distinguished Research Professor & Director, Milton & Ethel Harris Research Initiative, York University

The Impact of Early Trauma on Development

Nathan Fox (Ph.D)
Distinguished University Professor & Chair, Human Development and Quantitative Methodology (HDQM) & Child Development Laboratory, University of Maryland

Administering and Interpreting the Ages and Stages Questionnaires (ASQ-3R and ASQ:SE2)

Chaya Kulkarni (BAA, M.Ed, Ed. D)
Director, Infant Mental Health Promotion

Creating Developmental Support Plans

Chaya Kulkarni (BAA, M.Ed, Ed. D)
Director, Infant Mental Health Promotion

Parental Depression

Dr. Cindy-Lee Dennis (Ph.D)
Professor at the Lawrence S. Bloomberg Faculty of Nursing, University of Toronto and holds a Canada Research Chair in Perinatal Community Health

Best Practices for Embedding Infant Mental Health

Chaya Kulkarni (BAA, M.Ed, Ed. D)
Director, Infant Mental Health Promotion

The Impact of Domestic Violence on Infants and Families

Dr. Angelique Jenney (Ph.D, RSW)
(Formerly) Director, Family Violence Services, Child Development Institute

Upon registration participant will receive links and details for all sessions. To receive a Certificate of Participation Complete all IMH Community Training Session Quizzes at:
<https://surveys.sickkids.ca/surveys/?s=XX9R84Y4Y>

2018/19 Training Presentation Schedule

<p>Thurs Jan 11, 2018 2 - 4 pm</p> <p>Introduction to Infant and Early Childhood Mental Health Chaya Kulkarni (BAA, M.Ed, Ed. D) Director, Infant Mental Health Promotion</p>	<p>Thurs Jan 25, 2018 2 - 4 pm</p> <p>Attachment as the Foundation for Regulation, Resilience and Healthy Development Mary Rella (B.A., Dip. C.S.) Director, Counselling and Community Services, Skylark Children, Youth & Families</p>
<p>Thurs Feb 8, 2018 2 - 4 pm</p> <p>The Impact of Early Adversity - The ACE Studies Jean M Clinton BMus MD FRCP(C) Clinical Professor, Department of Psychiatry and Behavioural Neurosciences, McMaster University,</p>	<p>Thurs Feb 22, 2018 2 - 4 pm</p> <p>Temperament and Language Development: I would talk if you were more interesting Wallace E. Dixon, Jr., Ph.D. Professor, Department of Psychology, East Tennessee State University</p>
<p>Thurs March 8, 2018 2 - 4 pm</p> <p>Effects of Early Stress and Adverse Care on Brain and Behavioral Development Megan Gunnar, Ph.D. Department Chair, Director, Human Developmental Psychobiology Lab, Institute of Child Development, University of Minnesota, Regents Professor, Distinguished McKnight University Professor</p>	<p>Thurs April 5, 2018 2 - 4 pm</p> <p>Epigenetics: Genes, Environment and Behaviour University Professor, Marla B. Sokolowski, Ph.D. F.R. S.C. Department of Ecology and Evolutionary Biology, University of Toronto</p>
<p>Thurs April 19, 2018 2 - 4 pm</p> <p>Understanding How Parental Mental Illness Can Impact Both Parenting and Child Development Dr. Jean Wittenberg (MD, FRCPC) Department of Psychiatry, The Hospital for Sick Children, Toronto</p>	<p>Thurs May 3, 2018 2 - 4 pm</p> <p>Executive Functions in the Early Years Adele Diamond, BA, PhD, FRSC Affiliate Investigator, BC Children's Hospital, Head, Program in Developmental Cognitive Neuroscience, Department of Psychiatry; Professor, Division of Child & Adolescent Psychiatry, Department of Psychiatry; Canada Research Chair Tier 1 and Professor of Developmental Cognitive Neuroscience, University of BC</p>
<p>Thurs May 10, 2018 2 - 4 pm</p> <p>Cultural Safety/ Sensitivity Debra Stein MD, FRCPC & Priyadarshani Raju, MD, FRCPC The Hincks-Dellcrest Centre & University of Toronto</p>	<p>Thurs May 24, 2018 2 - 4 pm</p> <p>Understanding Common Disorders in Early Childhood Greg Lubimiv, MSW, CACPT Supervisor The Phoenix Centre for Children & Families</p>
<p>Thurs June 7, 2018 2 - 4 pm</p> <p>Unresolved Loss and Trauma: Implications for the Individual, the Caregiving Relationship and Attachment Margaret Leslie (Dip.C.S., C.Psych.Assoc.) Director, Child and Family Services, Mothercraft</p>	<p>Thurs June 28, 2018 2 - 4 pm</p> <p>Impact of Early Trauma – Domestic Violence Angelique Jenney, MSW, Ph.D. Professor, Qualitative Social Research, Quantitative Social Research, Social Policy, Department of Social Work, University of Calgary; Research Chair in Children's Mental Health, Wood's Homes, Calgary</p>
<p>Thurs July 5, 2018 2 - 4 pm</p> <p>Screening, Observation and Developmental Support Planning Dr. Chaya Kulkarni (BAA, M.Ed, Ed. D) Director, Infant Mental Health Promotion</p>	<p>Thurs July 19, 2018 2 - 4 pm</p> <p>Promising Prevention and Early Intervention Practices Phil Fisher, Ph.D. Philip H. Knight Chair and Professor of Psychology, University of Oregon</p>
<p>Thurs August 2, 2018 2 - 4 pm</p> <p>Supporting the Mental Health of 3-6 Year Olds Dr. Chaya Kulkarni (BAA, M.Ed, Ed. D) Director, Infant Mental Health Promotion</p>	<p>Options allow participation In Person, by Live Interactive Webcast or view recorded lectures on demand for 2 full years after original broadcast.</p>

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REGISTER ONLINE TODAY
www.IMHPromotion.ca

Each participating organization would purchase a license which would allow all staff within an agency to access the training which will include:

- 15 training sessions, (Jan. – July 2018), 2 hours per session (approx. 30 hours total)
- Options to view sessions in person, by live interactive Webcast, or archived recordings.
- Each Archived Webcast recordings will be available approximately 1 week following each live broadcast, to access the training at your own pace, in team meetings or individually for 2 full years (until 2020).
- Access to session notes, slides, and applicable handouts.

This training is a flexible and economical way to integrate infant mental health learning and practice into continuing professional education and staff engagement.

PLEASE PRINT CLEARLY

Primary Contact _____

Title _____

Agency _____

Address _____

Postal Code _____

Phone (____) _____ Fax (____) _____

E-mail _____

Total Payment Enclosed: \$ _____

Payment to follow: \$ _____

Method: Cheque Money Order
 Visa Mastercard

*all fees are in Canadian Dollars. Any applicable taxes are included.
 **Membership may be active or renewed at the time of registration in order to obtain the discounted rates. Annual Membership fees are \$75 individual or \$250 agency
 ***Please make cheques payable to:

The Hospital for Sick Children/ IMHP

You may also fax completed form and call **IMHP** with your credit card information. All payments are processed as *The Hospital for Sick Children*

NOTE: Each participant under the host agency license will be required to register individually (at no cost) and identify the host agency. Certificates of completion will be issued to participants who complete all required session follow up surveys to track participant progress. Certificates will not be issued for individual sessions

REGISTRATION OPTIONS and FEES (choose the best option):

Individual Registration (non-transferrable)
 IMHP Member \$ 270 Non-Member \$ 350

License for Agencies that provide direct services to families (Unlimited participation for all agency staff)
 IMHP Member \$ 1,750 Non-Member \$ 2,500

License for Small Membership driven Organizations (2 – 50 users) (i.e. Incorporated organizations comprised of multiple agencies and or members, to be offered to members at no charge as a part of membership benefits)
 IMHP Member \$ 3,500 Non-Member \$ 5,000

Unlimited License for Large Membership-based Organizations (50 + end users) (i.e. Incorporated organizations comprised of multiple agencies and or members, to be offered to members at no charge as a part of membership benefits)
 IMHP Member \$ 5,000 Non-Member \$ 6,500

Register ONLINE or send form and payment to:

Infant Mental Health Promotion (IMHP)

The Hospital for Sick Children

555 University Ave.
Toronto, ON
M5G 1X8

(416) 813-7654 X 207205
FAX (416) 813-2258
imp.mail@sickkids.ca

www.IMHPromotion.ca



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