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2009 Walk for Children's Mental Health Awareness

By Peter Nagora, Manager and
Doug Moore, Supervisor

The week of May 4th was focused on raising awareness of Children's Mental Health issues. A number of activities took place during the week and we want to highlight the success of the Walks for Children's Mental Health that occurred at schools throughout the County. Both the Separate and Public Boards of Education were again very supportive of our efforts to raise the awareness of Children's Mental Health issues. Emails were sent to every principal in the County giving them information about the walk and the issues. We were also able to send through the schools information packages that went to every parent who had a child in the school systems. Presentations about Children's Mental Health were made to the Board of Trustees of both Boards and these were well received.



Glen Newby, President and CEO, New Path, with staff, volunteers and clients of the New Path Residential program.

We thank in particular the New Path and Kinark COMPASS staff who took the lead in distributing the information packages to every school in the County. Their efforts in stimulating interest in the walks were outstanding. Thanks also to the many other New Path staff that assisted in distributing the information and encouraging schools to be involved. It was great to see a number of people wearing the New Mentality t-shirts—a great fashion statement with a very important message—no one with mental health problems needs to feel alone. Thanks, as well, to the Cookstown staff and the residential youth who took part; we're sure those youth felt encouraged by the huge showing of support.



Glen Newby, President and CEO, New Path, talks with students during the 2009 Walk for Children's Mental Health Awareness at Cundles Heights Public School.

Seven schools in the County to match the seven COMPASS cluster teams were targeted as "event" schools and the media was invited to attend those schools to interview children, school personnel and COMPASS staff. Many articles were posted in the local papers as well as some TV coverage which contributed to raising awareness of mental health issues and reducing stigma associated with mental health. We have lots of ideas on how to improve the event for next year but let's enjoy the success of this year's event.

TRAIL SIGNS

For further information on any Trail Signs articles e-mail the editor.

Youth Engagement...



Youth Engagement Happenings at New Path

By Lisa Bussieres, Program Manager Pinecrest

Over the past 6 months New Path's Youth Engagement committee has been quite busy and involved with many new and exciting initiatives.

The New Mentality is a network of youth who promote positive mental health, help to raise awareness and decrease the stigma associated with mental health. Cookstown's New Mentality group has been meeting weekly since September, and during this time they have designed T-shirts and eco-book bags with messages that promote mental health services and decrease the stigma associated with mental illness. Upon approval of a proposal the youth prepared, an initiative to produce the articles was funded and made possible by New Path Foundation's Newby Youth Engagement Fund. The articles were for sale at all of the New Path offices during Children's Mental Health week, and the response and positive feedback has been overwhelming.



The New Mentality Eco-Book Bags

In March, the youth in the Cookstown on-site Section 23 classroom, along with The New Mentality group participated in a 4 hour film review for The Rendezvous with Madness film Production

Company. Each youth received a \$50 honorarium to provide feedback on 24 films about mental health and addictions, made by adults for youth. In the final phase of this project, one of the youth will be joining several other youth from across the province for an all expenses paid weekend in Toronto to make the final selection of films for high school students to view.

In April, 2 youth and a front-line residential staff attended a weekend Youth conference at Geneva Park in Orillia. This was the first ever youth conference put on by Simcoe Community Services entitled Youth in Action-Inclusion for All. The conference proved to be a wonderful experience and opportunity for all youth, regardless of their ability to come together to learn new skills, make new friends and enjoy an action packed weekend.

Two youth from The New Mentality also participated in a meeting to discuss and develop Youth Engagement Accreditation standards, have recently joined the Simcoe County Coalition Task group to make recommendations to the planning & coalition council on the next steps to design the Youth Engagement framework for the county, and have been invited to sit at the planning table to develop The Centre of Excellence Regional conference this fall, on Anti-oppression and Youth Engagement.

(Continued on page 3)

You're not alone



The New Mentality T-Shirt and Poster Design

(Continued from page 2)

During Children's Mental Health Week, five youth and two front-line staff from the Cookstown residential program attended a luncheon at the Royal York Hotel in Toronto, sponsored by The New Mentality to hear Margaret Trudeau speak about youth and their mental health needs. One of the youth even had the opportunity to speak one on one with her, and ask about her experiences with schools and mental health supports. A wonderful experience very few youth are able to experience.

The Reflections Art Gallery is an initiative of The Common Roof™ to promote advocacy and awareness about mental health and wellness. During Children's Mental Health week and up until the end of June, various pieces of art work made by youth on our committee are available for viewing and or purchase (see pictures on page 4). If you are an artist and would like to showcase your work, please contact Jodi Souter at The Common Roof™ office. To reserve a time to view the current show or to purchase a piece of art, please contact The Common Roof™ Barrie at (705) 725-4970.

The youth from New Path and The New Mentality group have been well represented in the community, and have been afforded many invaluable opportunities to have a voice to help improve services for youth. We are quite proud of all their efforts, energy and level of commitment they have sustained, and look forward to what the next 6 months will bring. If you have questions about The New Mentality Group or New Path's Youth Engagement committee please feel free to contact Lisa Bussieres at the Residential program in Cookstown, or Jodi Souter at The Common Roof™.



Celebrating CYW Week in Cookstown

By Holly Richardson, Human Resources Generalist

The Residential Program in Cookstown celebrated Child and Youth Worker Week from May 4th to 8th. This year marked the 50th Anniversary of the formation and first meeting of the Ontario Association of Child and Youth Counsellors (OACYC). It was during the late 1950's that formal training programs were first established for child and youth work in Ontario. CYC Week (or CTW Week as we call it in Cookstown) is always held the first week of May as this coincides with international CYC Week. It additionally coincides with Children's Mental Health Awareness Week. For all the Residential staff in Cookstown the week symbolizes an opportunity to celebrate the amazing work that we do with clients and their families and to recognize all the ways in which we positively impact upon the lives of those we work so closely with. This year again proved to be a fun filled week of as various achievements were recognized and honored.



Linda Bieman presenting CTW of the Year award to Michelle Orvis

Leadership...

New Path Support Student Placements

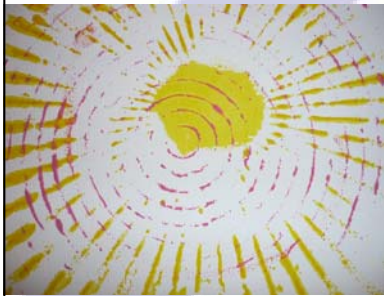
By Kelly Seymour, Director of Human Resources



Every year New Path Staff supervise College and University students in their school placements. And this past year has been no exception. Many of our staff welcome the opportunity to assist students in learning more about their respective field and the new energy and questioning that students bring, often results in a mutual learning environment. We know that it takes extra time, organization and flexibility in supervising students and we want to thank the following staff who have demonstrated leadership in this area:



Sad Clown by Savannah Papais



Circle Sun by Emma Castledine age 9



Stain Glass Flower by Crystal Cruickshank age 12



Magical garden by Amanda Porter Slobodian age 10

Staff Member	Student, Program and School
Ted Beattie	Joel Saunders - Social Service Worker, Georgian College
Jodi Brereton	Julie Vacca - Art Therapy Program, Toronto Art Therapy Inst.
Mary Jane Cameron	Jennifer Carter - Early Childhood Program, Georgian College
Candace Demick	Ashley Shultz - BSW, Lakehead University
Wendy Hunter	Ashley Walsh - Early Childhood Program, Georgian College
Bob Hyder	Chris Boardman - Social Service Worker, Seneca College
Bob Hyder	Katelyn Burton - Child and Youth Worker, Georgian College
Dale Mackey	Zoe Cowan-Nagora - BSW, Laurentian University
Julie Magee	Michelle Gronc - Child and Youth Worker, Georgian College
Julie Magee	Kaylee Haringa - Social Service Worker, Georgian College
Yolanda Pascal	Andreia Balsas - Child and Youth Worker, George Brown College
Kelly Seymour	Elizabeth McKeeman -MSW, University of Windsor
Aimee Taillefer	Magda Kuziw - Child and Youth Worker, Humber College
Aimee Taillefer	Erica Maw - Social Service Worker, Georgian College
Aimee Taillefer	Laura Stevenson - Child and Youth Worker, Fanshawe College
Michelle Vennard	Phil Dupuis, MSW -University of Windsor

The Common Roof™ Gains International Interest

By Glen Newby, President and CEO, New Path Foundation

The Common Roof™, one of New Path Foundation's social enterprise Ventures projects, was highlighted at the recent May 2009 NonProfitCentres Network conference in Washington D.C.

The Foundation's President and CEO Glen Newby, and Vice-President Neville Twine, both participated in presentations outlining the lessons learned from developing a multi-tenant nonprofit centre based upon experiences with The Common Roof™ here in Ontario. More than 200 leaders from the nonprofit, philanthropic, private, and public sectors across the United States, and eight from Canada, gained greater insight into the necessary ingredients of leadership, marketing, financing, and partnership in order to create an integrated and sustainable multi-tenant centre for human services.



Glen Newby, President and CEO, New Path, China Brotsky, Senior Vice President at Tides and Executive Director at NonProfitCentres Network, and Neville Twine, Vice-President, New Path Foundation.

Social Enterprise Alliance Summit April 15th to the 17th in New Orleans

By Neville Twine, Vice President New Path Foundation

New Path is a member of the social enterprise alliance and this year participate in their annual conference entitled Dare To Dream-Dare To Do. The conference chair, this year was Gordon Floyd who is the CEO of Childrens Mental Health Ontario.

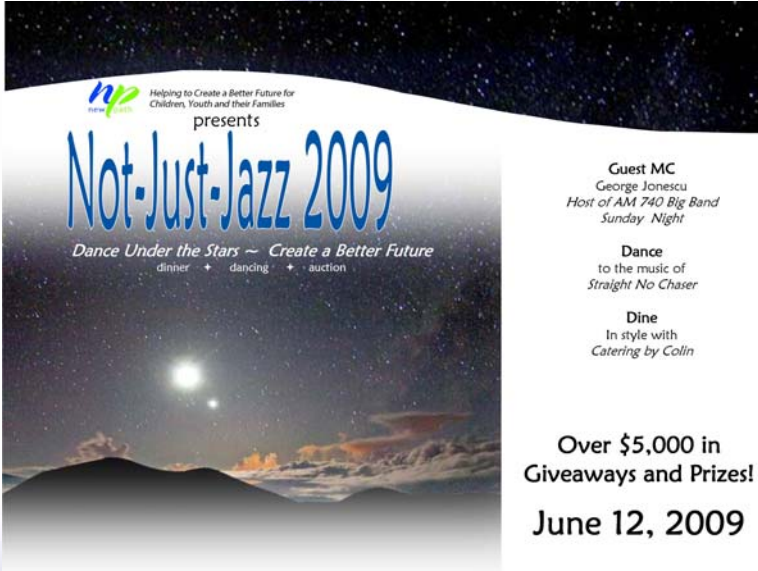
New Path was represented, this year, by Glen Newby, President and CEO of New Path Foundation, Ken Edwards, Director of Finance and Neville Twine, Vice-President New Path Foundation.


The conference provided New Path the opportunity to participate in workshops which provided in depth 'how tos' and included pricing, business models, financing, role of media, building to scale. In addition New Path was able to benefit from leading edge thinking on the future of social enterprise and what forms it will take as the concept matures. There were also opportunities to network with others to share and explore solutions to the many challenges of growing effective social enterprise models.

A tour of the lower ninth ward, devastated by Hurricane Katrina, provided a glimpse of the active role social enterprise programs were playing in the rebuilding of the community.



Thanks to everyone who made Not-Just-Jazz 2009 Such a Success...




 Helping to Create a Better Future for Children, Youth and their Families
 presents
Not-Just-Jazz 2009
Dance Under the Stars ~ Create a Better Future
 dinner + dancing + auction

Guest MC
 George Jonescu
Host of AM 740 Big Band Sunday Night

Dance
 to the music of
Straight No Chaser

Dine
 In style with
Catering by Colin

Over \$5,000 in Giveaways and Prizes!
June 12, 2009

