

What's New at New Path?

Teams from every location participated in Children's Mental Health Week events (May 3-9, 2015) throughout the County.

Highlights include:

- A Mental Health Wellness Fair at the Barrie City Hall Rotunda that saw students from across Barrie participate in interactive events to help inform, educate and reduce the stigma of mental illness
- Participation in a mental health event at Regent Park Public School in Orillia alongside community partners that linked mental wellness with physical activity and gave students the opportunity to share inspirational sayings
- Involvement in a Bike-a-Thon for Mental Health Awareness at Holy Trinity Catholic High School in Bradford

- Mental Health awareness events at Collingwood Collegiate and Stayner Collegiate included speaker and Stock Car Racer Wendy Adams who lost her son to suicide. Joe Roberts, Skid Row CEO, spoke at Jean Vanier Catholic High School in Collingwood and walks at all 3 high schools

New Internal Staff Committees

- The So-Well Committee is the merging of the Social and Wellness Committees. Its focus is on planning and coordinating two staff days per year that are both social and educational. The So-Well Committee also organizes wellness events and informational activities throughout the year!
- New Path is an accredited children's mental health agency and will be up for accreditation in November 2016! The Accreditation Committee meets monthly to ensure the agency is on track to maintain its accreditation status with the Canadian Centre for Accreditation.

Human Resource Highlights

- New Path continues to have a low staff turnover rate of 2%
- 83% of staff feel New Path has a positive work environment
- All staff and some agency Board Members received LGBTQ Awareness Training with Dale Boyle from the Gilbert Centre in the fall of 2015
- 32 staff were trained in 7 Evidence Based Programs this fiscal year



Accessible, compassionate, evidence-based child and youth mental health services in Simcoe County

Lead Agency - Moving on Mental Health

Moving on Mental Health (MOMH) is a provincial plan designed to ensure children, youth and their families are able to get mental health services in their communities that are accessible, responsive and meet their needs. Strengthening the community-based system for delivering mental health services brings people and organizations closer together locally and benefits everyone.

In August 2015, New Path was chosen as the Lead Agency for Simcoe County to locally lead this systems transformation. New Path and local service providers meet regularly to understand the current service delivery model in the County and to begin looking at what the County would like the children's mental health service delivery model to look like.

New Path has undertaken focus groups with adults and youth in various locations throughout the County to gather family input and expertise used to inform service delivery in the area.

The end goal of MOMH, both provincially and locally in Simcoe County, is for all children and youth with mental health concerns and their families to know what mental health services are available in their community and how to access the mental health services and supports that best meet their needs.

Service Highlights

- 4174 direct clients served
- 95% were satisfied with the services they had received at New Path
- 97% of clients received at least one evidence based program during their involvement with New Path
- Single Session Clinic was introduced in October 2014 to help address the issue of wait time
- 63 clinic days were held in 5 office locations
- 186 clients seen in Single Session Clinic



Client Feedback

Feedback from clients included:

- improved understanding of their presenting issues and an increase in their belief of being able to handle them
- majority of clients reported value in taking part in the Single Session Clinic rather than waiting longer for other service

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New Path Youth & Family Services